(Complete and insert inside front cover of your 4-H Record Book)

4-H Activity Check Sheet

Number of items to complete to earn ribbons

<table>
<thead>
<tr>
<th>4-H Member Age</th>
<th>White</th>
<th>Red</th>
<th>Blue</th>
<th>Purple</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 7 – 11</td>
<td>1 – 6</td>
<td>7 – 11</td>
<td>12 – 15</td>
<td>16 and over including #1</td>
</tr>
<tr>
<td>Age 12 – 14</td>
<td>1 – 9</td>
<td>10 – 13</td>
<td>14 – 18</td>
<td>19 and over including #1</td>
</tr>
<tr>
<td>Age 15 and over</td>
<td>1 – 11</td>
<td>12 – 15</td>
<td>16 – 20</td>
<td>21 and over including #1</td>
</tr>
</tbody>
</table>

Circle Items Completed:

1. Attend majority of club meetings.
   # of meetings held __________
   # of meetings attended __________

2. Attend project meetings. Please list projects and number of meetings.
   ____________________________  __________
   ____________________________  __________
   ____________________________  __________
   ____________________________  __________

3. Hold office in 4-H Club or 4-H Council. List office:
   ____________________________
   ____________________________
   ____________________________
   ____________________________

4. Work on a club committee.
   List committee.
   ____________________________
   ____________________________

5. Present a project talk to club or at a project meeting.
   List: ____________________________
   ____________________________

6. Present a demonstration or illustrated talk to a 4-H Club or in a project meeting.
   List: ____________________________
   ____________________________

7. Present other programs at club meetings, non-related to projects enrolled in during the current year.
   List: ____________________________
   ____________________________
   ____________________________
   ____________________________

8. Assist with a club community service project.
   List: ____________________________
   ____________________________
   ____________________________

9. Participate in a Model Meeting.
10. Assist with Parents Night.
11. Attend and take part in a club tour.
12. Attend and take part in a club ceremony.
   List: ____________________________
   ____________________________
13. Attend 4-H Sunday. (Club)
14. Assist with club money making project.
County Participation:

15. Assist at County 4-H Club Day.
   (room supervisor, announcer, set-up, clean-up, etc.)

16. Turn in Record Book.

17. Assist with National 4-H Week other than 4-H Sunday.
   List: __________________________________________

18. Actively serve as a Junior Fair Superintendent.

19. Attend or assist with Achievement Banquet.
   List your responsibility: ____________________________
   ________________________________________________

20. Help with a club activity during the fair
    such as concession stand, carnival, etc.
    List: __________________________________________
    ______________________________________________

21. Assist with fair set-up or clean up.

22. Participate as a Junior Leader. (other than during the fair
    List: __________________________________________
    ______________________________________________
    ______________________________________________

23. Have presentation at County 4-H Club Day such as: Project Talk,
    Demonstration, Solo, etc.)
    List: __________________________________________
    ______________________________________________
    ______________________________________________

24. Participate in county judging contest or judging school such as Home Ec
    Judging and Livestock Judging.


26. 4-H Club representative at Fair Board meetings.

27. Exhibit at local county fair.

28. Attend County 4-H Wild Horse Camp.

29. 4-H Council member.

30. Attend Officer Training.


District or Regional:

32. Attend or participate in District or Regional event such as, Regional Club
    Day, District Horse Show or KAA training.

33. Participate in out-of-county judging school or contest.

State:

34. Attend Discovery Days.

35. Exhibit at a State Fair or Kansas Junior Livestock Show.

36. Attend a state or area activity such as Kansas City Leadership Conference,
    Horse Panorama, SWYLF.
    List: __________________________________________

Revised: August 2013