

(Complete and insert inside front cover of your 4-H Record Book)

4-H Activity Check Sheet

Number of items to complete to earn ribbons

<u>4-H Member Age</u>	<u>White</u>	<u>Red</u>	<u>Blue</u>	<u>Purple</u>
Age 7 – 11	1 – 6	7 – 11	12 – 15	16 and over including #1
Age 12 – 14	1 – 9	10 – 13	14 – 18	19 and over including #1
Age 15 and over	1 – 11	12 – 15	16 – 20	21 and over including #1

Circle Items Completed:

- | | |
|--|---|
| <p>1. Attend majority of club meetings.
of meetings held _____
of meetings attended _____</p> <p>2. Attend project meetings. Please list projects and number of meetings.

_____</p> <p>3. Hold office in 4-H Club or 4-H Council.
List office:

_____</p> <p>4. Work on a club committee.
List committee.

_____</p> <p>5. Present a project talk to club or at a project meeting.
List: _____
_____</p> | <p>6. Present a demonstration or illustrated talk to a 4-H Club or in a project meeting.
List: _____
_____</p> <p>7. Present other programs at club meetings, non-related to projects enrolled in during the current year.
List:

_____</p> <p>8. Assist with a club community service project.
List:

_____</p> <p>9. Participate in a Model Meeting.</p> <p>10. Assist with Parents Night.</p> <p>11. Attend and take part in a club tour.</p> <p>12. Attend and take part in a club ceremony.
List: _____
_____</p> <p>13. Attend 4-H Sunday. (Club)</p> <p>14. Assist with club money making project.</p> |
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County Participation:

- 15. Assist at County 4-H Club Day.
(room supervisor, announcer, set-up, clean-up, etc.)
- 16. Turned in Record Book.
- 17. Assist with National 4-H Week other than 4-H Sunday.
List: _____

- 18. Actively serve as a Junior Fair Superintendent.
- 19. Attend or assist with Achievement Banquet.

List your responsibility: _____

- 20. Help with a club activity during the fair such as concession stand, carnival, etc.
List: _____

- 21. Assist with fair set-up or clean up.
- 22. Participate as a Junior Leader. (other than during the fair)

List: _____

- 23. Have presentation at County 4-H Club Day such as: Project Talk, Demonstration, Solo, etc.)

List: _____

- 24. Participate in county judging contest or judging school such as Home Ec Judging and Livestock Judging.

- 25. Participate in Fashion Revue.
- 26. 4-H Club representative at Fair Board meetings.
- 27. Exhibit at local county fair.
- 28. Attend County 4-H Wild Horse Camp.
- 29. 4-H Council member.
- 30. Attend Officer Training.
- 31. Participate in a Club Exchange.

District or Regional:

- 32. Attend or participate in District or Regional event such as, Regional Club Day, District Horse Show or KAA training.
- 33. Participate in *out-of-county* judging school or contest.

State:

- 34. Attend Discovery Days.
- 35. Exhibit at a State Fair or Kansas Junior Livestock Show.
- 36. Attend a state or area activity such as Kansas City Leadership Conference, Horse Panorama, SWYLF.

List: _____